


Activities April 21 - April 27

Monday, April 21	Tuesday, April 22
<p>8:30-10:30 Monday Breakfast 1:00pm Live & Learn - Loss & Grief</p> <p style="text-align: center; color: red;">ADVANCED POLLING 9:00AM - 9:00PM</p>	<p>8:45 Chair Yoga - Drop-In 9:00 Pool 10:00 Chair Yoga -(pre-register & pre-pay) 11:15 EZ Line Dance 11:15 Tuesday Lunch (11:15-12:30) 12:30 Pool 12:45 Partner Bridge 12:55 Improv./intermediate Line Dance 1:00 Crafts 3:00 First Step Line Dance</p>
Wednesday, April 23	Thursday, April 24
<p>9:00 Open 9 Ball Tournament 9:30 EZ Line Dance 10:50 Chair Dance 11:45 Fun and Fit 12:30 Pool 1:00 Crib 1:00 Beg. Line Dance Level 3 3:00 Beg. Line Dance Level 1 6:30 Ukulele</p>	<p>9:00 Pool 10:00 Spanish Conversation 10:00 Bingo opens, Sales 11:30, Play 12:45 10:15 Carpet Bowling 12:30 Pool 1:00 Improv/Intermed. Line Dance 1:00 Volunteer Crafting 1-3:00 Computer Appointments 3:00 Beg. Ukulele Class #1 (pre-reg & pre-pay) 3:15 Table Tennis 6:30 Art Class (must pre-register & pre-pay) 7:00 Scottish Dancers</p>
Friday, April 25	Saturday, April 26
<p>9:00 Open 8 ball tournament 9:00 Mat Yoga 9:30 French Conversation 10:30 Senior Fit -Bring resistance band 11:00 Birthday Club - KW 12:30 Pool 1:00 Mah Jong 1:00 Table Tennis</p>	<p>9:30-9:30 Quilter's retreat</p>
	Sunday, April 27


What's Happening at The Centre April 21-27, 2025

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Hours of Operation:
Monday, Tuesday, Wednesday:
10am - 3pm
Thursday:
11 am - 3pm
Friday:
10am - 2:30 pm



PENTICTON SENIORS' DROP-IN CENTRE

TUESDAY LUNCH SPECIAL

April 22, 2025

11:15 - 12:30

LOTTA MEATBALLS

Main Feature \$12.00

Meatball Sub with Marinara Sauce

Potato Chips

Caesar Salad

Soup and Sandwich Combo \$9.00

Soup \$5.00

Sweet Potato and Coconut

Sandwich \$5.00

Egg Salad or Salmon

Dessert \$2.00

Coconut Meringue Cream Pie

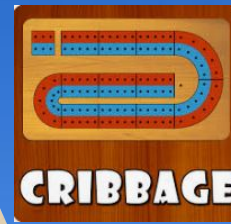


CARPET BOWLING



THURSDAY. 10:15 AM

What's Happening at The Centre April 21-27, 2025



**Chair
Dance
with Holly**

**Spanish &
French
Conversation**

BASIC COMPUTER SKILLS SUPPORT

Individual instruction on using Windows, I-Pad/I-phone or Android phone/tablet. Times available Thursday afternoons at 1 or 2pm starting Sept. 19th

One hour of personal instruction for a fee of \$10. You must register by Tuesday of the week of your appointment and pre pay at the front desk of the Centre to secure a spot.

SIGN UP NOW Penticton Seniors Drop-In Centre
2965 South Main Street 250-493-2111
pentictonseniors.ca



The Centre
Recreation · Education · Wellness for 50+
PENTICTON, BC

Penticton Seniors' Drop-In Centre Society
2965 South Main St, Penticton, BC V2A 5J7
General Line: 250 493 2111

What's Happening at The Centre April 21-27, 2025



TABLE TENNIS

YOU DON'T HAVE TO BE
A PRO TO JOIN US

**Thursday 3:15
and
Friday 1:00**

Penticton Seniors' Drop-In Centre
2965 South Main Street
250 493 2111
pentictonseniors.ca

Play as a single or with a partner. We are building a group & would like to have you join us. Anyone can learn to plan & benefit from staying active.

**Members: \$4.00
Non-members: \$ 7.00**



April Basket RAFFLE

DRAW DATE: APRIL 30TH, 1PM

TICKETS 3/\$5 ~ BASKET VALUE \$300
SPONSORED BY KETTLE VALLEY MEMORIAL
Gaming License #154190

Penticton Seniors' Drop-In Centre Society
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250-493-2111 www.pentictonseniors.ca

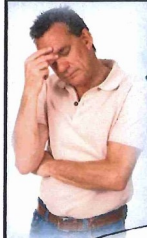
What's Happening at The Centre April 21-27, 2025

Come & Enjoy *Breakfast* at the Seniors' Centre

1. 2 Eggs 2 Bacon 2 Sausages
Toast & Hashbrowns
Coffee/Tea **\$10.00**
2. 1 Egg 1 Bacon 1 Sausage
Toast & Hashbrowns
Coffee/Tea **\$8.00**
3. Toasted BLT
Coffee/Tea **\$7.00**
4. Ham & Cheese Omelette
Toast & Hashbrowns
Coffee/Tea **\$10.00**

Mondays Only

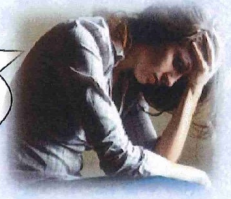
Served from 8:30 am to 11:00 am



**Lost something or
someone special recently?**

If so, you are invited to attend

Oh Good Grief!



An informative 5-session Seminar on

*How to Understand, Journey Through,
and "Come to Terms" with Life's Unexpected Losses.*

Monday afternoons,
April 14, 21, 28; May 12, 26
1:00 – 2:30 pm

Penticton Senior's Drop-In Centre
2965 South Main Street, Penticton



For Details: Dave@ 250-497-7097

*To register for this Free Seminar,
Phone 250-493-2111*



OUR
SENIORS MAKE
THIS PLACE SPECIAL.
YOU MAKE
IT
POSSIBLE



The Centre
Recreation • Education • Wellness for 50+
Penticton, BC

What's Happening at The Centre April 21-27, 2025



Fun 'n Fit 
with Aicha
Wednesdays
11:45 am - 12:45 pm
A fun blend of
dance
&
aerobics

The poster features a man and a woman in blue and white clothing, both striking a pose with one arm raised. The background is white with a blue border.



Art Class
Play with
pastels and
watercolors
Experiment
with
oils

6 Classes on
Thursdays from 6:30-8:30
April 10, 17, 24/May 1, 8, 15
Members \$24, Non-members \$42
Supplies will be extra
Penticton Seniors Drop-in Centre
2965 South Main St.
250-493-2111
www.pentictonseniors.ca

The poster is decorated with various art supplies like a palette, brushes, and tubes of paint. The text is in a mix of fonts, with 'Art Class' in a large, cursive script.



CRAFT ROOM OPEN 
Ask at the front desk
all creations are made by
volunteers
all proceeds go to support
The Centre
MONDAY TO FRIDAY
10 AM - 3 PM

The poster includes a small photo of people working at a table in a craft room. It has a colorful border at the top.



Birthday Club - April 25
If you are a member with a birthday in April,
join us in the Ken Wignes room at 11:00 for
cake and coffee to celebrate you!
Thanks to Providence Funeral Home for providing the cake

Penticton Seniors Drop-In Centre
2965 South Main St.
250-493-2111 www.pentictonseniors.ca

The poster has a floral and balloon border. It features a small image of a birthday cake.



Line Dancing

The poster features silhouettes of two people in cowboy hats dancing. The background is orange with decorative patterns.

Coming Soon To The Centre

COOKING CLASS
With chef
Charles Parker

Monday, April 28th
Start at 6:00 pm
Members - \$15
Non-members - \$20
Max - 12 people
Must Pre-register

Session Menu
Shrimp & Apple Cocktail
Tuna Poke
Clafoutis

Penticton Seniors' Drop-In Centre
2965 South Main St.
250-493-2111 pentictonseniors.ca

Musical Bingo Night

50/50 CASH PRIZE

CASH BAR MUST BE 19+

APRIL 30TH
DOORS OPEN AT 5:00PM | DINNER SERVED AT 5:30PM

MENU
SOLD OUT
DESSERT (BAKER'S CHOICE)

TICKETS \$20

PENTICTON SENIORS' DROP-IN CENTRE
2965 SOUTH MAIN ST.
250-493-2111 www.pentictonseniors.ca

COOKING CLASS
With Chef
Charles Parker

Monday, May 26th
Start at 6:00 pm
Members - \$15
Non-members - \$20
Max - 12 people
Must Pre-register

Session Menu
Mushroom, Shallot and Spinach Salad
Marinated Pork Kebabs with Veg and Potato Foil Pockets
Macerated Strawberries

Penticton Seniors' Drop-In Centre
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250-493-2111 pentictonseniors.ca

Free Class for Women and Girls

Assault Prevention/ Self Defense

An interactive exposure to Safety awareness, Assertive Communication and Practical physical moves for Use in potentially Dangerous situations

1:00 PM to 2:30 PM
Monday, June 23
Pre-registration Is Required
250-493-2111
at the Penticton Seniors Drop-in Centre
2965 South Main St.

Please wear comfortable shoes and clothing