

# What's Happening at The Centre Jan 13-19, 2025



December Basket  
Raffle Winner  
is  
**Joan Hooper**

Thank you for  
supporting the Centre!

Penticton Seniors' Drop-In Centre Society

**Line Dancing**  
Improver,  
Intermediate,  
First Steps, EZ,  
Beginner Level 1,  
Beginner Level 2

A poster for line dancing featuring silhouettes of two dancers in cowboy hats against a background of colorful, swirling patterns. The text lists various skill levels for the dance.

## Mahjong Teaching Table

Mondays at 10:00 in the  
Ken Wignes Room



Call Penny at:  
250-809-7441 to book a time



**Chair  
Dance**  
with Holly



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## TABLE TENNIS

YOU DON'T HAVE TO BE A PRO TO JOIN US

**Thursday 3:15**  
and  
**Friday 1:00**

Penticton Seniors' Drop-In Centre  
2965 South Main Street  
250 493 2111  
pentictonseniors.ca

Play as a single or with a partner. We are building a group & would like to have you join us. Anyone can learn to play & benefit from staying active.

Members: \$4.00  
Non-members: \$ 7.00



### Lunch Special Tuesday Jan 14, 11:15-12:30 "The Thigh Who Loved Me"

- Baked Chicken Thighs
- Basmati Rice
- Steamed Veggie Mix
- Tomato & Feta Salad
- Egg or Tuna Sandwich
- Brownie Marshmallow Square



Main Feature - \$12  
Dessert - \$2  
Soup - \$5, Sandwich - \$5  
Soup & Sandwich - \$9



### It's Pizza Day This Thursday! Bring a Friend to The Centre Cafe and Enjoy a Special Treat





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## Let's Play Pool



## CARPET BOWLING



THURSDAY. 10:15 AM

Join us for  
*Chair Fit*



Fridays  
12 - 1pm  
Drop-in

Come & Enjoy *Breakfast*  
at the Seniors' Centre

1. 2 Eggs 2 Bacon 2 Sausages  
Toast & Hashbrowns  
Coffee/Tea **\$10.00**
2. 1 Egg 1 Bacon 1 Sausage  
Toast & Hashbrowns  
Coffee/Tea **\$8.00**
3. Toasted BLT  
Coffee/Tea **\$7.00**
4. Ham & Cheese Omelette  
Toast & Hashbrowns  
Coffee/Tea **\$10.00**

**Mondays Only**

Served from 8:30 am to 11:00 am



## CRAFT ROOM OPEN



Ask at the front desk  
all creations are made by  
volunteers  
all proceeds go to support  
The Centre

MONDAY TO FRIDAY  
10 AM - 3 PM



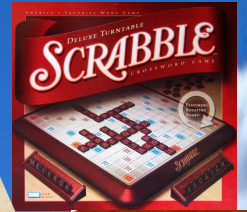


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**Fun 'n Fit**   
with Aicha

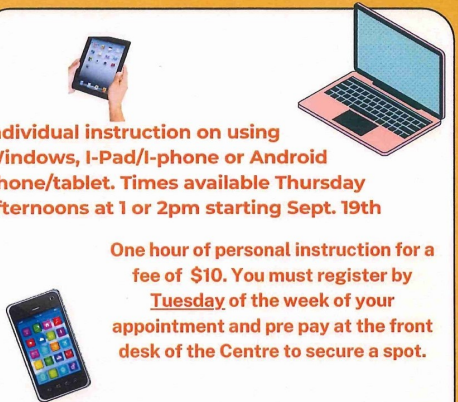
**Wednesdays**  
11:45 am - 12:45 pm

A fun blend of  
dance  
&  
aerobics

**Spanish  
& French  
Classes**

## BASIC COMPUTER SKILLS SUPPORT



Individual instruction on using  
Windows, I-Pad/I-phone or Android  
phone/tablet. Times available Thursday  
afternoons at 1 or 2pm starting Sept. 19th

One hour of personal instruction for a  
fee of \$10. You must register by  
**Tuesday** of the week of your  
appointment and pre pay at the front  
desk of the Centre to secure a spot.

**SIGN UP NOW** Penticton Seniors Drop-In Centre  
2965 South Main Street 250-493-2111  
pentictonseniors.ca

**JANUARY  
RAFFLE**



Draw @ 1:00 pm January 31, 2025

SPONSORED BY KETTLE VALLEY MEMORIAL  
BASKET VALUE \$250.00  
TICKETS ARE 3/\$5

Penticton Seniors' Drop-In Centre Society  
2965 South Main Street  
250-493-2111 www.pentictonseniors.ca  
THANK YOU FOR SUPPORTING THE CENTRE!

GAMING LICENSE #156896

*Birds of a Feather*

Join us for weekly, casual  
conversation in the lounge.

**Mondays @12:30**



*Everyone Welcome!*



**The Centre**  
Recreation • Education • Wellness for 50+  
PENTICTON, BC



# Coming Soon To The Centre



**Musical Bingo**

**MENU**  
Creamy Cucumber Salad  
Garlic and Herb Pork Roast  
Aromatic Basmati Rice  
Mixed Vegetables in a Butter Glaze  
Dinner Rolls with Butter  
Strawberry Cake

**50/50, DOOR PRIZES  
CASH BAR, MUST BE 19+  
TICKETS \$20.00**

**29TH JAN** Penticton Seniors' Drop-In Centre Society  
2965 South Main St.  
250-493-2111 [www.pentictonseniors.ca](http://www.pentictonseniors.ca)

**5:00 PM**

## January Birthday Club

If your birthday is in January come join us for cake and coffee on January 31st in the Ken Wignes Room.  
Please register at the front desk.



**Penticton Seniors' Drop-In Centre**  
2965 South Main Street  
250-493-2111 [pentictonseniors.ca](http://pentictonseniors.ca)  
Thanks to Providence Funeral Home for providing the cupcakes!





# Activities Jan. 13 – Jan. 19

<p style="text-align: center;"><b>Monday, Jan. 13</b></p> <p>8:30 Breakfast Served            9:00 Pool            10:00 Scrabble            10:00 Mah Jong            12:00 Birds of a Feather            12: 30 Duplicate Bridge            12:30 Pool            2:45 Chair Dance            4:00 EZ Line Dance (KW)</p> <p style="text-align: center;"><b>BLOOD DONOR CLINIC</b></p>	<p style="text-align: center;"><b>Tuesday, Jan. 14</b></p> <p>8:45 Chair yoga (drop-in)            9:00 Pool            10:00 Chair yoga (pre-register)            11:15 <b>Tuesday Lunch (ends 12:30)</b>            12:30 Pool            12:45 Partner Bridge            1:00 Crafts</p> <p style="text-align: center;"><b>BLOOD DONOR CLINIC</b></p>
<p style="text-align: center;"><b>Wednesday, Jan. 15</b></p> <p>9:00 Open 9 Ball Tournament            10:30 EZ Line Dance (KW)            11:45 Fun and Fit (KW)            12:30 Pool            1:00 Crib            6:30 Ukulele</p> <p style="text-align: center;"><b>BLOOD DONOR CLINIC</b></p>	<p style="text-align: center;"><b>Thursday, Jan. 16</b></p> <p>9:00 Pool            10:00 Spanish Conversation            10:00 <b>Bingo opens, Sales 11:30, Play 12:45</b>            10:15 Carpet Bowling            11:00 <b>Pizza Day (ends 12:00)</b>            12:30 Pool            1:00 Volunteer Crafting            1:00 Improver/intermediate Line Dance            1:00 Computer Appointments            3:00 Beginner Ukulele – Class #1 (pre reg)            3:15 Table Tennis            7:00 Scottish Dancers</p>
<p style="text-align: center;"><b>Friday, Jan. 17</b></p> <p>9:00 Open 8 Ball Tournament            9:00 Mat Yoga            9:00 Ukulele Level 2 (pre reg)            9:30 French Talk            10:30 Senior Fit (bring resistance band)            12:00 Chair Fit            12:30 Pool            1:00 Mah Jong            1:00 Table Tennis            3:00 Beg. Ukulele – Class #2 (pre reg)</p>	<p style="text-align: center;"><b>Saturday, Jan. 18</b></p> <p>9:30 Quilters Retreat</p> <hr/> <p style="text-align: center;"><b>Sunday, Jan. 19</b></p>