

# March Hot Lunches at The Centre

## Tuesdays 11:15-12:30

Main Feature - \$12, Dessert - \$2

Soup - \$5, Sandwich - \$5, Soup & Sandwich - \$9

### Tuesday March 4th-A CROWD FAVOURITE

Beef and Vegetable Stew

Mashed Potatoes, Green Salad

Bun and butter

Soup Broccoli Cheddar Soup Sandwich: Egg Salad or Chicken

Dessert: Raspberry Layered Dessert

### Tuesday Mar 11: Namaste

Salmon Topped with a Lemon Dill Sauce

Roasted Mashed Parsnips, Peas & Carrots

Spinach Salad

Soup: Chicken & Vegetable

Sandwich: Egg Salad or Chicken

Dessert: Chocolate Chip Cheesecake

### Tuesday Mar 18: Mama Mia

Beef and 4 Cheese Lasagna

Garlic Bread, Caesar Salad

Soup: Salmon Chowder Sandwich: Egg Salad or Tuna

Dessert: Apple Fritter Cake

### Tuesday Mar 25: Andale Andale

Chicken, Cheese & Bean Burrito

Mexi Rice, Mexi Coleslaw

Lime & Cilantro Crema & Salsa

Soup: Pork Pozole, Sandwich: Egg Salad or Chicken

Dessert: Eclair Cake



**The Centre**  
Recreation · Education · Wellness for 50+  
PENTICTON, BC