

January Hot Lunches at The Centre

Tuesdays 11:15-12:30

Main Feature - \$12, Dessert - \$2

Soup - \$5, Sandwich - \$5

Soup & Sandwich - \$9

Jan. 7: Happy New Year to All

Good Old Fashioned Meatloaf

Buttery Mashed Potatoes, Gravy

Peas & Carrots, Green Salad

Corn Chowder Soup

Egg or Salmon Sandwich

Wed/Thurs/Fri from 11-1 BLT sandwich

Cinnamon Roll Cake

Jan. 14: The Thigh Who Loved Me

Baked Chicken Thighs

Basmati Rice

Steamed Veggie Mix, Tomato & Feta Salad

Cream of Tomato Soup

Egg or Tuna Sandwich

Wed/Thurs/Fri from 11-1 Patty Melt

Brownie Marshmallow Square

Jan. 21: The Year of the Wood Dragon is Near

Sweet and Sour Meatballs

Fried Vegetable Rice

Asian Noodle Soup, Asian Greens in a Garlic Soy Glaze

Egg or Chicken Salad Sandwich

Wed/Thurs/Fri from 11-1 Chicken Quesadilla

Nanaimo Bars

Jan. 28: Ukraine Comfort

Beef, Rice and Cabbage Bake

Oven Roasted Potatoes

Herb Buttered Carrots, Green Salad with Dill Dressing

Ukrainian Green Borscht

Egg or Salmon Sandwich

Wed/Thurs/Fri from 11-1 Open Faced Roast Beef

Brownies and Ice Cream



The Centre

Recreation • Education • Wellness for 50+
PENTICTON, BC