

Activities March 24 - March 30

Monday, March 24		Tuesday, March 25	
<p>8:30-10:30 Monday Breakfast Served</p> <p>9:00 Pool</p> <p>10:00 Scrabble</p> <p>10:00 Mah Jong</p> <p>10:15 Carpet Bowling</p> <p>12:00 Birds of a Feather</p> <p>12:30 Duplicate Bridge</p> <p>12:30 Pool</p> <p>2:45 Chair Dance</p> <p>4:00 EZ Line Dance</p>	<p>8:45 Chair Yoga - Drop-In</p> <p>9:00 Pool</p> <p>10:00 Chair Yoga -(pre-register & pre-pay)</p> <p>11:15 Tuesday Lunch (11:15-12:30)</p> <p>12:30 Pool</p> <p>12:45 Partner Bridge</p> <p>12:55 Improver/Intermed. Line Dance</p> <p>1:00 Crafts</p> <p>3:00 First Steps Line Dance</p>		
Wednesday, March 26		Thursday, March 27	
<p>9:00 Open 9 Ball Tournament</p> <p>9:30 EZ Line Dance</p> <p>12:30 Pool</p> <p>1:00 Crib</p> <p>1:00 Beg. Line Dance Level 3 (pre-reg & pay)</p> <p>3:00 Beg. Line Dance Level 1 (pre-reg & pay)</p> <p>6:30 Ukulele</p>	<p>9:00 Pool</p> <p>10:00 Spanish Conversation</p> <p>10:00 Bingo opens, Sales 11:30, Play 12:45</p> <p>10:15 Carpet Bowling</p> <p>12:30 Pool</p> <p>1:00 Improver/Intermed. Line Dance</p> <p>1:00 Volunteer Crafting</p> <p>1-3:00 Computer Appointments</p> <p>3:00 Beg. Ukulele Class #1 (pre-reg & pre-pay)</p> <p>3:15 Table Tennis</p> <p>7:00 Scottish Dancers</p>		
Friday, March 28		Saturday, March, 29	
<p>9:00 Open 8 Ball Tournament</p> <p>9:00 Mat Yoga</p> <p>9:30 French Conversation</p> <p>10:30 Senior Fit (bring resistance band)</p> <p>11:00 Birthday Club</p> <p>12:00 Chair Fit</p> <p>12:30 Pool</p> <p>1:00 Mah Jong</p> <p>1:00 Table Tennis</p> <p>7:00 Friday Night Dance - Glory Days</p>	<p>9:30 Quilters Retreat</p>		
		Sunday, March 30	

What's Happening at The Centre Mar 24-30, 2025

Scottish Country Dancing



Thursdays 7:00-9:00 PM

Penticton Seniors' Drop-in Centre
2965 South Main St, Penticton

Come Try It Out For FREE, No Experience,
Scottish Ancestry, or Partner Necessary

More Info: jacob.john.neu@gmail.com

TABLE TENNIS

YOU DON'T HAVE TO BE
A PRO TO JOIN US

**Thursday 3:15
and
Friday 1:00**

Penticton Seniors' Drop-In Centre
2965 South Main Street
250 493 2111
pentictonseniors.ca

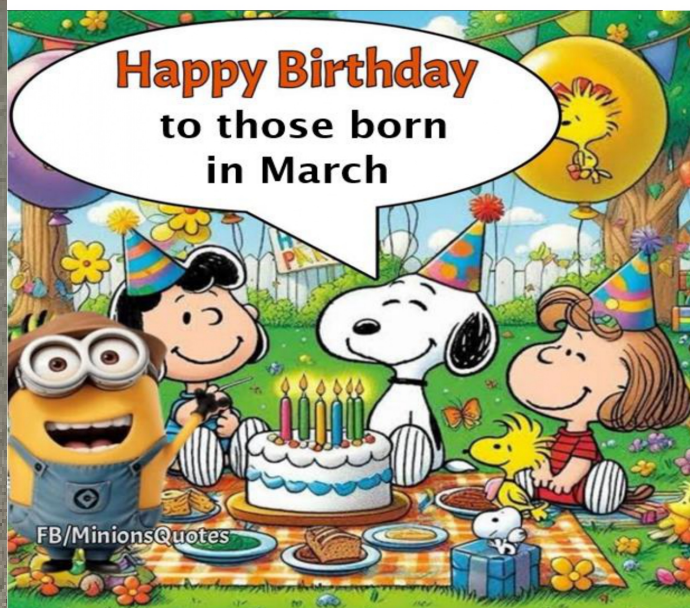
Play as a single or with a partner. We
are building a group & would like to
have you join us. Anyone can learn to
plan & benefit from staying active.

Members: \$4.00
Non-members: \$ 7.00



**Ukulele
"Sing and Strum"
Wednesday**

Mat Yoga Friday



**Happy Birthday
to those born
in March**

FB/MinionsQuotes

If your birthday is in March, come join us for cake and coffee
on March, 28th at 11:00am in the Ken Wignes Room. Please
register at the front desk.

Penticton Seniors Drop-In Centre Society

2965 South Main Street ~ 250-493-2111 ~ www.pentictonseniors.ca

Thanks to Providence Funeral Home for providing the cupcakes.

What's Happening at The Centre

Mar 24-30, 2025



FRIDAY NIGHT DANCE
PLAYING: GLORY DAYS

MARCH 28, 2025
 DOORS OPEN AT 6:30 PM
 DANCE FROM 7:30 PM

TICKETS ARE \$10 AT THE DOOR
 THERE WILL BE A CASH BAR
 WITH SNACKS
 MUST BE 19+ TO ATTEND

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 2965 South Main St.
 250-493-2111 www.pentictonseniors.ca

Birds of a Feather

Join us for weekly, casual conversation in the lounge.
 Mondays @12:00

Everyone Welcome!

CARPET BOWLING

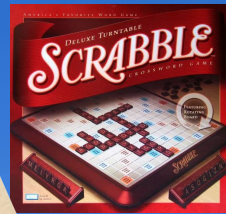
MONDAYS & THURSDAY. 10:15 AM

CRAFT ROOM

Hours of Operation:
 Monday, Tuesday, Wednesday:
 10am - 3pm
 Thursday:
 11 am - 3pm
 Friday:
 10am - 2:30 pm




What's Happening at The Centre Mar 24-30, 2025




Spanish
& French
Conversation



BASIC COMPUTER SKILLS SUPPORT

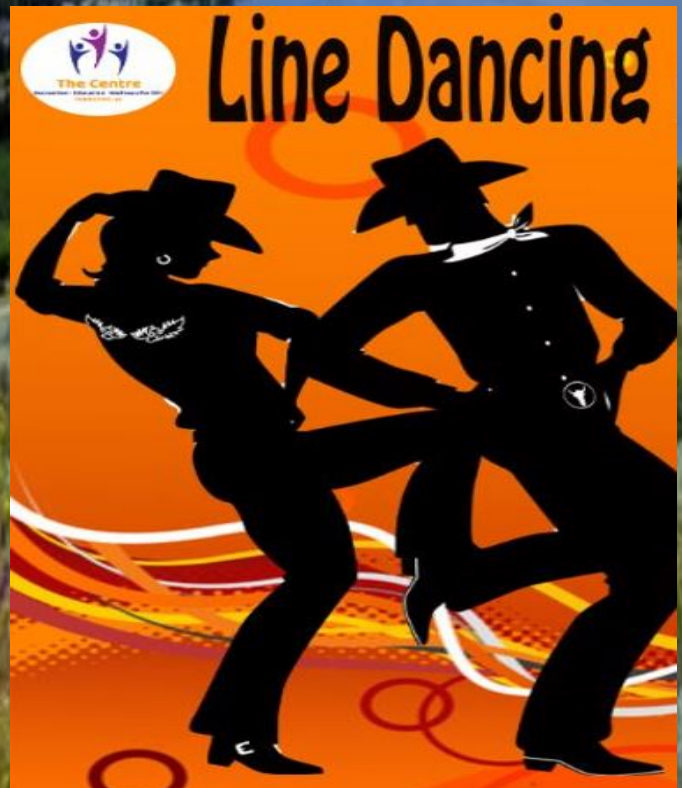


Individual instruction on using Windows, I-Pad/I-phone or Android phone/tablet. Times available Thursday afternoons at 1 or 2pm starting Sept. 19th



One hour of personal instruction for a fee of \$10. You must register by Tuesday of the week of your appointment and pre pay at the front desk of the Centre to secure a spot.

SIGN UP NOW Penticton Seniors Drop-In Centre
2965 South Main Street 250-493-2111
pentictonseniors.ca



What's Happening at The Centre Mar 24-30, 2025

Come Dine With Us!



The Centre
Recreation • Education • Wellness for 50+
PENTICTON, BC

Come & Enjoy *Breakfast* at the Seniors' Centre

1. 2 Eggs 2 Bacon 2 Sausages
Toast & Hashbrowns
Coffee/Tea **\$10.00**
2. 1 Egg 1 Bacon 1 Sausage
Toast & Hashbrowns
Coffee/Tea **\$8.00**
3. Toasted BLT
Coffee/Tea **\$7.00**
4. Ham & Cheese Omelette
Toast & Hashbrowns
Coffee/Tea **\$10.00**



Mondays Only

Served from 8:30 am to 11:00 am

March Hot Lunches at The Centre

Tuesdays 11:15-12:30

Main Feature - \$12, Dessert - \$2

Soup - \$5, Sandwich - \$5, Soup & Sandwich - \$9

Tuesday March 4th-A CROWD FAVOURITE

Beef and Vegetable Stew
Mashed Potatoes, Green Salad
Bun and butter
Soup Broccoli Cheddar Soup Sandwich: Egg Salad or Chicken
Dessert: Raspberry Layered Dessert

Tuesday Mar 11: Namaste

Salmon Topped with a Lemon Dill Sauce
Roasted Mashed Parsnips, Peas & Carrots
Spinach Salad
Soup: Chicken & Vegetable
Sandwich: Egg Salad or Chicken
Dessert: Chocolate Chip Cheesecake

Tuesday Mar 18: Mama Mia

Beef and 4 Cheese Lasagna
Garlic Bread, Caesar Salad
Soup: Salmon Chowder Sandwich: Egg Salad or Tuna
Dessert: Apple Fritter Cake

Tuesday Mar 25: Andale Andale

Chicken, Cheese & Bean Burrito
Mexi Rice, Mexi Coleslaw
Lime & Cilantro Crema & Salsa
Soup: Pork Pozole, Sandwich: Egg Salad or Chicken
Dessert: Eclair Cake



**Wednesday, Thursday
& Friday from 11:00 – 1:30**

Quiche

**Ham & Cheese or Broccoli & Cheese
Your Choice \$6 Each
At The Centre**



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